

# THE LIMES MEDICAL CENTRE NEWSLETTER

**December 2017**

## GP Federations

You may not have heard about GP Federations, or might have heard the receptionist mention it when you've been making an appointment. They are a new way of working for GPs in your area, and might help with your health care needs in a better way than ever before.

## So...What are they?

The Limes Medical Centre is part of the MyHealthcare Federation, which has member practices across southern and central Birmingham. It is an arrangement that means that you can receive care closer to home, with more access to help, especially outside of normal working hours.

## What are the benefits?

MyHealthcare has been running for many months now, and offers the following:

- Appointments for you later on evenings and on weekends too—these are in addition to the appointments that the Limes Medical Centre already offer
- Access to a doctor on the phone that means you might not even have to visit a practice to get what you need
- Reviews of your long term condition by doctors with a specialist interest in your condition (diabetes, kidney, frailty), without you having to attend the hospital.
- Access to the MyHealthcare app, which can guide you through the local health care system



## How do the extra appointments work?

When you call for an appointment, if we have no appointments at a convenient time for you, our reception team can directly book you into the MyHealthcare service. This can be for the GP or the nurse, and for urgent or routine health issues.

The GP or nurse will be able to see your medical notes (with your permission), which helps them understand your health better than the local A&E can.



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## Information

### Main surgery

The Limes Medical Centre  
Cooksey Road  
Small Heath  
Birmingham  
B10 0BS  
0121 772 0067

### Branch surgery

Finch Road Primary Care Centre  
Finch Road  
Lozells  
Birmingham  
B19 1HS  
0121 255 0280

### Opening Hours

Reception	
<b>Monday</b>	08:30 - 18:30
<b>Tuesday</b>	08:30 - 18:30
<b>Wednesday</b>	08:30 - 18:30
<b>Thursday</b>	08:30 - 13:00
<b>Friday</b>	08:30 - 18:30
<b>Weekend</b>	Closed

Reception	
<b>Monday</b>	09:30-13:00, 16:30-18:30
<b>Tuesday</b>	09:30-13:00, 16:30-18:30
<b>Wednesday</b>	09:30-13:00, 16:30-18:30
<b>Thursday</b>	08:30-13:00
<b>Friday</b>	09:30-13:00, 16:30-18:30
<b>Weekend</b>	Closed

### Website

[www.thelimesmedicalbirmingham.nhs.uk](http://www.thelimesmedicalbirmingham.nhs.uk)

### NHS Choices

<https://www.nhs.uk/Services/gp/Overview/DefaultView.aspx?id=41559>

<https://www.nhs.uk/Services/gp/Overview/DefaultView.aspx?id=39184>

### Practice Manager

Noman Ahmed

### GP Patient Survey

If you receive a letter looking like this, please complete it and send it back in the envelope provided, it gives you the chance to say how our service is doing.

### Patient Participation Group

Please talk to the receptionist if you are interested in joining our patient participation group (PPG)

- this group can tell us what is going well and where we can consider doing things differently.

