

# STAY AHEAD OF CERVICAL CANCER BOOK A SMEAR TEST TODAY



## WHY DO I NEED A SMEAR TEST?



In the UK, 2 women die of cervical cancer every day. A simple smear test can detect signs of HPV virus infection and abnormal cells **BEFORE** they transform into cancer. Prevention is the best protection!

## WHAT IS THE SMEAR TEST?



A small plastic device is inserted to help the nurse or doctor see the cervix. A sample of cells is taken with a small brush. It does not hurt and often takes less than 5 minutes! You can request to have a female nurse/doctor.

## WHEN DO I NEED TO GET THE SMEAR TEST?



If you are aged 25–49,  
you need one test every 3 years.

If you are aged 50–64,  
you need one test every 5 years.

## 99.8% OF CERVICAL CANCER CASES ARE PREVENTABLE.

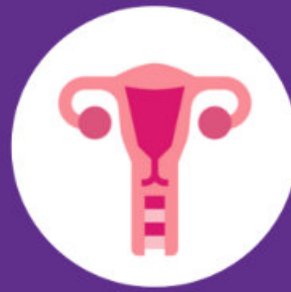
Don't delay.  
Ring your GP practice  
to book your smear  
test today.



BRITISH ISLAMIC  
MEDICAL ASSOCIATION



# STAY AHEAD OF CERVICAL CANCER NO EXCUSES - DON'T DELAY



**MYTH #1:**  
I HAVE NO FAMILY  
HISTORY OF CERVICAL  
CANCER, SO I DON'T  
NEED A SMEAR TEST.



The majority of people with cervical cancer have no family history. It usually develops following infection with a virus, HPV. You still need a smear test.

**MYTH #2:**  
SMEAR TESTS ARE  
ONLY FOR PEOPLE  
WITH SYMPTOMS.



Anyone with symptoms needs URGENT review with their GP. A smear test detects pre-cancerous changes well BEFORE symptoms develop.

**MYTH #3:**  
I DON'T NEED A SMEAR  
TEST, AS I'VE HAD AN  
INTERNAL EXAMINATION BEFORE.



During a smear test, a sample of cells is taken from the neck of the womb (cervix) and tested for HPV virus infection or other abnormalities. These changes cannot be seen or felt on examination. You still need a smear test.

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CERVICAL  
SMEAR TEST  
AT YOUR  
GP SURGERY  
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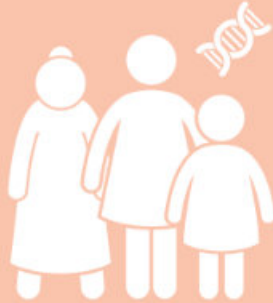
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